

Brittany Green

Artist Statement

Many young women have faced challenges in finding confidence in their bodies and accepting how they look. People have a tendency to compare themselves to others and long to fit into the standards of what the “ideal body” looks like. As a young woman who grew up in a time where social media was developing, I was constantly exposed to these types of bodies and became under the impression that in order to be considered desirable, I had to fit society’s ideals of beauty. Trying to achieve unrealistic body standards has greatly impacted me and many other young women. Without a change, women will continue to struggle with self-image and finding confidence in their bodies. In my paintings, I portray bodies that don’t necessarily fit these past ideals and challenge how society views the body. People don’t need to have a flat stomach, tiny waist, or thigh gap to be considered beautiful. I am a strong advocate for the celebration of normal bodies and the “imperfections” that society has deemed unflattering. By creating paintings that showcase bodies as they naturally are, it provides more representation of different body types, promotes the acceptance of all bodies, and helps people feel more confident and accepting of their own bodies